

IRRA 2008 Vernon Starting Block 10km

Date: 2/10/2008

Distance 10km

<u>Overall Plac</u>	<u>Group</u>	<u>Name</u>	<u>Hometown</u>	<u>Bib</u>	<u>Category</u>	<u>FinishTime</u>	<u>Pace</u>	<u>Points</u>
1	1	JEFF SYMONDS	PENTICTON	2611	M 20-29	0:32:25	5:13	30
2	1	GREG JOHNSON	VERNON	2558	M 30-34	0:36:52	5:56	30
3	1	TAYLOR LICK	KELOWNA	2444	M 16-19	0:37:20	6:00	30
4	2	NATHAN CHAMPNESS	VERNON	2430	M 20-29	0:37:48	6:05	25
5	3	BRAD CLARK	KAMLOOPS	2526	M 20-29	0:39:27	6:21	22
6	1	TOM CARLSON	KELOWNA	2525	M 45-49	0:39:36	6:22	30
7	2	ERIC JEWELL	COLDSTREAM	2471	M 30-34	0:39:54	6:25	25
8	3	JOE WESSEL	KELOWNA	2524	M 30-34	0:40:33	6:31	22
9	1	NEIL MACDONALD	PENTICTON	2603	M 40-44	0:40:34	6:32	30
10	2	DIRK HANDKE	KELOWNA	2556	M 40-44	0:40:49	6:34	25
11	1	MIKE STOLL	VERNON	2403	M 35-39	0:41:03	6:36	30
12	2	RANDY WERGER	KELOWNA	2453	M 45-49	0:41:14	6:38	25
13	2	JARRETT SPANNIER	REVELSTOKE	2409	M 35-39	0:41:28	6:40	25
14	3	STEVE BRIGGEMAN	VERNON	2506	M 45-49	0:41:50	6:44	22
15	1	YVONNE TIMEWELL	KAMLOOPS	2521	F 40-44	0:41:57	6:45	30
16	4	IVAN MCKNIGHT	KELOWNA	2455	M 45-49	0:42:09	6:47	20
17	4	JULIAN FREEMAN	SUMMERLAND	2461	M 20-29	0:42:32	6:51	20
18	4	GERRY SARGENT	KELOWNA	2518	M 30-34	0:42:41	6:52	20
19	1	CINDY RHODES	KELOWNA	2606	F 50-54	0:43:11	6:57	30
20	5	IAN ROBERTSON	KAMLOOPS	2401	M 45-49	0:43:16	6:58	19
21	1	JOHN WICKENHEISER	KELOWNA	2449	M 50-54	0:43:20	6:58	30
22	6	KEN POMMIER	KELOWNA	2429	M 45-49	0:43:26	6:59	18
23	1	DAN CROCKETT	KELOWNA	2413	M 60-64	0:43:40	7:02	30
24	7	FRANK BALLAUF	VERNON	2552	M 45-49	0:43:50	7:03	17
25	3	JOHN KOGA	KELOWNA	2434	M 40-44	0:44:00	7:05	22
26	1	MANDY SELLARS	KAMLOOPS	2555	F 35-39	0:44:01	7:05	30
27	2	MATT BAUMEISTER	VERNON	2445	M 16-19	0:44:07	7:06	25
28	3	PETER BAUMEISTER	VERNON	2446	M 16-19	0:44:25	7:09	22
29	4	STEVE FAIRHURST	KELOWNA	2450	M 40-44	0:44:38	7:11	20
30	8	CRAIG GOPLEN	VERNON	2607	M 45-49	0:44:43	7:12	16
31	1	KEN BAXTER	KELOWNA	2475	M 55-59	0:44:51	7:13	30
32	2	JENNIFER JAKOBI-JONES	VERNON	2502	F 35-39	0:44:57	7:14	25
33	5	TED SWAN	VERNON	2523	M 20-29	0:45:07	7:16	19
34	2	KARI BAILEY	KELOWNA	2431	F 40-44	0:45:08	7:16	25
35	1	TRACIE GREEN	KELOWNA	2605	F 30-34	0:45:12	7:16	30
36	6	TERRY HEIDT	KELOWNA	2481	M 20-29	0:45:16	7:17	18
37	2	PAUL FILIPPI	VERNON	2486	M 55-59	0:45:21	7:18	25
38	3	MIKE BRAID	SUMMERLAND	2522	M 55-59	0:45:24	7:18	22
39	1	CHANTELLE DEACON	VERNON	2492	F 16-19	0:45:32	7:20	30
40	1	SARAH BAILEY	VERNON	2515	F 00-15	0:45:36	7:20	30
40	7	CHAUNCY BLAIR	NELSON	2458	M 20-29	0:45:36	7:20	17
42	5	COLIN HAMILTON	VERNON	2509	M 40-44	0:45:47	7:22	19
43	9	CLINT RASHKE	KELOWNA	2427	M 45-49	0:45:52	7:23	15
44	2	LANCE ZABLOTNEY	PENTICTON	2563	M 50-54	0:46:02	7:24	25
45	4	JON MAHONEY	VERNON	2491	M 55-59	0:46:06	7:25	20
46	5	MELVIN DOHERTY	KAMLOOPS	2402	M 55-59	0:46:15	7:26	19
47	3	SHERRY MAHONEY	VERNON	2494	F 40-44	0:46:46	7:31	22
48	10	DAN KUNZELMAN	COLDSTREAM	2487	M 45-49	0:46:54	7:33	14
49	3	BOB ANNAND	VERNON	2490	M 50-54	0:46:55	7:33	22
50	2	BILL FAULKNER	KALEDEN	2420	M 60-64	0:47:26	7:38	25
51	1	KRYSTYNA DUNHAM	PENTICTON	2562	F 20-29	0:47:27	7:38	30
51	1	JANE HELLINGER	SUMMERLAND	2447	F 20-29	0:47:27	7:38	30
53	3	DEREK LORD	VERNON	2513	M 35-39	0:47:46	7:41	22
54	1	JOHN BOSOMWORTH	PRINCETON	2419	M 65-69	0:47:59	7:43	30
55	2	JANE JONES	KAMLOOPS	2448	F 30-34	0:48:11	7:45	25
56	3	CLAIRE MATHESON	PENTICTON	2602	F 30-34	0:48:15	7:46	22
57	4	JENNIFER KOGA	KELOWNA	2474	F 30-34	0:48:16	7:46	20
58	6	RON SHERK	SUMMERLAND	2416	M 55-59	0:49:07	7:54	18

59	3	DUNCAN MORRIS	SALMON ARM	2408	M 60-64	0:49:17	7:56	22
60	4	SEAN HAMILTON	VERNON	2503	M 50-54	0:49:24	7:57	20
61	5	RAY WARNER	SALMON ARM	2463	M 50-54	0:49:27	7:57	19
62	7	RICK CAMERON	KAMLOOPS	2410	M 55-59	0:49:30	7:58	17
63	8	ED KINNEAR	VERNON	2467	M 55-59	0:49:32	7:58	16
64	3	ERIN FINLAY	SUMMERLAND	2460	F 20-29	0:49:59	8:03	22
65	2	DONNA MAZURKEWICH	PENTICTON	2417	F 50-54	0:50:08	8:04	25
66	5	ROBIN CARDEW	VERNON	2451	M 30-34	0:50:16	8:05	19
67	6	DAVE LANGLOIS	VERNON	2485	M 50-54	0:50:24	8:07	18
68	4	KEIRAN FITZPATRICK	SALMON ARM	2520	M 16-19	0:50:30	8:08	20
69	3	JOANNE MONTGOMERY	PENTICTON	2404	F 50-54	0:50:41	8:09	22
70	6	DAVID HOEY	SALMON ARM	2604	M 30-34	0:50:52	8:11	18
71	4	JANE LORD	VERNON	2512	F 40-44	0:51:29	8:17	20
72	7	ALLEN HANSON	LUMBY	2480	M 30-34	0:51:34	8:18	17
73	6	MARK MACDONALD	KELOWNA	2483	M 40-44	0:51:37	8:18	18
74	3	LEANA MARTON	WESTBANK	2489	F 35-39	0:51:40	8:19	22
75	9	BRIAN BURNET	COLDSTREAM	2601	M 55-59	0:51:44	8:19	15
76	8	BRADLEY WRIGHT	VERNON	2477	M 30-34	0:52:13	8:24	16
77	7	MIKE CONCANNON	COLDSTREAM	2564	M 40-44	0:52:24	8:26	17
78	2	BETHANY PROCE	COLDSTREAM	2504	F 16-19	0:52:30	8:27	25
79	4	AMY SOUSA	COLDSTREAM	2559	F 20-29	0:52:35	8:28	20
80	4	LYNDA PROCE	VERNON	2505	F 50-54	0:52:49	8:30	20
81	8	COLM FITZPATRICK	SALMON ARM	2554	M 40-44	0:52:55	8:31	16
82	4	JACKIE BOUDREAU	KELOWNA	2484	F 35-39	0:53:12	8:34	20
83	3	TIMA COAD	VERNON	2529	F 16-19	0:53:16	8:34	22
84	9	CARL STENE	VERNON	2469	M 40-44	0:53:39	8:38	15
85	1	DIANE LEONARD	KELOWNA	2418	F 60-64	0:53:47	8:39	30
86	7	CHUCK ABNEY	KELOWNA	2476	M 50-54	0:53:51	8:40	17
87	5	KIRSTIN BARR	PENTICTON	2440	F 35-39	0:54:04	8:42	19
88	1	JANET RHODDY	PENTICTON	2530	F 55-59	0:54:17	8:44	30
89	8	CHAD ISAAC	ENDERBY	2466	M 20-29	0:54:59	8:51	16
90	9	ROBERT VANECK	VERNON	2470	M 20-29	0:55:16	8:54	15
91	8	JOHN CHISHOLM	VERNON	2426	M 50-54	0:55:24	8:55	16
92	10	WYN WEST	PENTICTON	2609	M 55-59	0:55:27	8:55	14
93	6	NELL ELDERS	COLDSTREAM	2452	F 35-39	0:55:30	8:56	18
94	4	MELVYN HUNT	KELOWNA	2462	M 60-64	0:55:55	9:00	20
95	5	ELAINE WARNER	SALMON ARM	2464	F 50-54	0:56:10	9:02	19
96	9	SHANE MCLEOD	KELOWNA	2517	M 30-34	0:56:13	9:03	15
97	5	RON SEDGE	VERNON	2514	M 60-64	0:56:24	9:04	19
98	11	DAVID GRAHAM	KAMLOOPS	2423	M 55-59	0:56:30	9:05	13
99	12	WAYNE PEHOWICH	KAMLOOPS	2443	M 55-59	0:56:47	9:08	12
100	2	GARRY BELL	KELOWNA	2454	M 65-69	0:56:52	9:09	25
101	6	LYNNE WHISKIN	VERNON	2507	F 50-54	0:56:58	9:10	18
102	5	SANDY LEPOIDVIN	ARMSTRONG	2465	F 30-34	0:57:02	9:11	19
103	6	BILL GLOVER	VERNON	2493	M 60-64	0:57:11	9:12	18
104	5	MORGAN HIGGINS	VERNON	2510	F 20-29	0:57:21	9:14	19
105	2	BONNIE ANDERSON	KAMLOOPS	2442	F 55-59	0:57:33	9:16	25
106	5	LESLIE HASSELL	TULAMEEN	2415	F 40-44	0:57:39	9:17	19
107	9	BILL SPILL	KELOWNA	2437	M 50-54	0:58:11	9:22	15
108	3	BLAINE MACPHERSON	VERNON	2557	M 65-69	0:58:20	9:23	22
109	7	WENDY HENLY	KELOWNA	2457	F 50-54	0:58:24	9:24	17
110	4	TOM REED	VERNON	2488	M 65-69	0:58:25	9:24	20
111	6	JAKI MEEKS	VERNON	2468	F 40-44	0:58:33	9:25	18
112	11	ROD LAWSON	KELOWNA	2551	M 45-49	0:58:50	9:28	13
113	1	KATHLEEN RENAUD	VERNON	2435	F 45-49	0:58:52	9:28	30
114	10	BOB BAGG	SALMON ARM	2473	M 50-54	0:59:06	9:31	14
115	5	GARY FRETENBURG	SORRENTO	2405	M 65-69	0:59:08	9:31	19
116	13	TOM CHAMBERLAIN	VERNON	2528	M 55-59	0:59:29	9:34	11
117	10	LEONARD KROFT	LAVINGTON	2553	M 40-44	0:59:32	9:35	14
118	8	BARB VAN HOOF	VERNON	2495	F 50-54	0:59:38	9:36	16
118	8	DEBBIE KINNEAR	VERNON	2414	F 50-54	0:59:38	9:36	16

120	6	DAWN CURTIS	SALMON ARM	2497	F 20-29	0:59:58	9:39	18
120	6	ANDREA LAZZAROTTO	SALMON ARM	2531	F 20-29	0:59:58	9:39	18
120	10	PAUL LEFEBVRE	SALMON ARM	2498	M 20-29	0:59:58	9:39	14
123	10	KATHRYNE FLANNERY	KAMLOOPS	2411	F 50-54	1:00:57	9:48	14
124	11	PAULINE ULATOWSKI	VERNON	2511	F 50-54	1:00:58	9:49	13
125	3	LILA BAGG	SALMON ARM	2472	F 55-59	1:01:14	9:51	22
126	2	TONI CROCKETT	KELOWNA	2428	F 60-64	1:01:50	9:57	25
127	7	BEV STEEVES	VERNON	2478	F 35-39	1:01:56	9:58	17
128	7	ROBERT KING	VERNON	2508	M 60-64	1:02:24	10:02	17
129	8	DANA PELAT	VERNON	2496	F 35-39	1:03:25	10:12	16
130	3	KATHLEEN YANKE	SALMON ARM	2424	F 60-64	1:03:45	10:15	22
131	14	PETER DEMOSKOFF	LAVINGTON	2608	M 55-59	1:04:14	10:20	10
132	4	KAREN WILLIES	KAMLOOPS	2406	F 60-64	1:04:48	10:26	20
133	12	JAN BRADLEY	VERNON	2501	F 50-54	1:05:19	10:31	12
134	1	PATRICIA KIDD	PENTICTON	2439	F 65-69	1:06:21	10:41	30
135	9	LAURA CAVICCHI	KELOWNA	2479	F 35-39	1:06:27	10:42	15
136	1	FRED VAN SETERS	PENTICTON	2422	M 70-74	1:06:42	10:44	30
137	13	SHERRI MITCHELL	SORRENTO	2519	F 50-54	1:06:44	10:44	11
138	14	CAROL CHISHOLM	VERNON	2425	F 50-54	1:07:24	10:51	10
138	15	RICHARD BESIGNANO	VERNON	2561	M 55-59	1:07:24	10:51	9
140	12	RON LUNDI	CHERRYVILLE	2560	M 45-49	1:07:39	10:53	12
141	6	BECKY ALEXANDER	VERNON	2482	F 30-34	1:07:41	10:53	18
142	16	MICHAEL MCLEAN	VERNON	2516	M 55-59	1:07:47	10:54	8
143	10	NICOLE GORMAN	KAMLOOPS	2527	F 35-39	1:08:18	10:59	14
143	10	ERIKA DABNER	KAMLOOPS	2433	F 35-39	1:08:18	10:59	14
145	2	BILL FUHRMEISTER	OSOYOOS	2438	M 70-74	1:09:29	11:11	25
146	5	LINDA WOODBURY	KAMLOOPS	2407	F 60-64	1:12:27	11:39	19
146	2	SHERRY MALIGASPE	KAMLOOPS	2421	F 45-49	1:12:27	11:39	25
148	7	LINDA HANSEN	WINFIELD	2610	F 40-44	1:13:22	11:48	17
149	3	ANNE-MARIE SAVARD	PENTICTON	2456	F 45-49	1:14:55	12:03	22