

Kal Rats Tri 2007 Final Results

Place	Grp Place		Time	Bib	Last Name	First Name
1	1	M2024	0:58:27	202	Symonds	Jeff
2	2	M2024	1:01:25	199	Champness	Nathan
3	1	M1619	1:03:36	197	Lick	Taylor
4	2	M1619	1:05:32	198	Vanoene	Jesse
5	1	F3539	1:05:39	146	Bailey	Kari
6	1	M3539	1:06:04	227	Swan	Robert
7	1	M4044	1:06:25	254	Smit	John
8	2	M3539	1:06:43	224	Melnyk	Blaine
9	1	M4549	1:07:01	239	Goplen	Craig
10	1	F2529	1:07:04	253	Filiatrault-Wier	Rose
11	3	M3539	1:09:04	211	Allaway	Robert
12	2	F2529	1:09:35	256	Robinson	Ashlee
13	4	M3539	1:09:51	218	Johaneson	Darin
14	3	F2529	1:10:03	126	Fancy	Andi
15	3	M1619	1:12:37	195	Baumeister	Matt
16	2	F3539	1:12:39	155	Guidi-Swan	Carmelle
17	1	F3034	1:13:10	136	Jones	Jane
18	5	M3539	1:13:34	219	Kavicky	Miroslav
19	6	M3539	1:13:47	213	Bertrand	Antoine
20	7	M3539	1:13:48	214	Boeckx	Grant
21	8	M3539	1:13:48	226	Spooner	Chris
22	4	F2529	1:14:13	129	Rose	Michelle
23	2	F3034	1:14:36	140	Simms	Alanna
24	2	M4044	1:14:46	233	Koga	John
25	1	M5054	1:14:54	243	Hurry	Gary
26	3	M2024	1:14:59	201	Rae	Kamal
27	1	M5559	1:15:08	246	Filippi	Paul
28	3	M4044	1:15:13	235	Taylor	Warren
29	1	M3034	1:15:35	209	Hill	Aaron
30	1	F0015	1:15:40	118	Rogers	Allegra
31	2	M3034	1:15:46	210	Witvoet	Steve
32	2	F0015	1:15:57	117	Frost	Victoria
33	1	F2024	1:16:31	121	Gebert	Anna
34	9	M3539	1:16:52	216	Gayfer	Byron
35	3	F3034	1:17:14	139	Miller	Valentina
36	3	M3034	1:17:53	208	Dyck	Tyler
37	10	M3539	1:18:15	215	Busby	Loyd
38	11	M3539	1:18:45	217	Guarducci	Paul
39	3	F3539	1:19:09	170	Wood	Shelley
40	4	F3539	1:19:24	164	Phillips	Lydia
41	2	M5054	1:19:27	244	Kowalski	Philip
42	12	M3539	1:19:42	228	Thompson	Marc
43	5	F2529	1:20:03	130	Verrier	Natasha
44	4	M3034	1:20:10	205	Besse	Jason
45	13	M3539	1:20:25	257	Elder	Michael

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46	4	M4044	1:20:26	234	Nordstrom-Yo	Todd
47	4	M1619	1:20:34	196	Koepke	Dustin
48	1	F4044	1:20:38	176	Marshall	Trish
49	2	M4549	1:20:49	236	Deeg	Calvin
50	3	M4549	1:20:58	241	Madill	Bob
51	3	M5054	1:21:12	245	Wallace	Alex
52	1	F4549	1:21:15	181	Brough	Laura
53	1	Relay	1:22:01	291	Us Against	Shannon
54	1	M6064	1:22:07	248	Townley	Mike
55	4	F3034	1:22:13	144	Wetherow	Jen
56	5	F3539	1:22:51	159	Loland	Darlene
57	14	M3539	1:22:55	230	Ziebart	David
58	5	F3034	1:23:04	132	Bourne	Allison
59	2	F4044	1:23:09	177	McLeod	Marianne
60	3	F4044	1:23:30	171	Collinson	Janine
61	15	M3539	1:23:32	221	Lea	Derek
62	4	F4044	1:23:53	172	den Biesen	Bonnie
63	1	M0015	1:24:14	191	Gregory	Mason
64	5	F4044	1:24:21	180	Phillips	Debbie
65	6	F4044	1:24:33	179	Murrells-Allaw	Shannon
66	6	F3034	1:25:04	135	James	Nyla
67	2	M0015	1:25:44	193	Phillips	Joshua
68	7	F3034	1:25:48	142	Ushy	Tamara
69	1	F5054	1:25:52	187	Catonio	Iona
70	8	F3034	1:26:08	141	Smith	Naomi
71	6	F3539	1:26:12	105	Bushey	Angela
72	3	F0015	1:26:28	116	Frost	Dominique
73	4	M4549	1:26:28	238	Frost	Steve
74	5	M3034	1:26:35	207	Craig	Mike
75	7	F3539	1:26:53	152	Davis	Marie
76	7	F4044	1:27:08	173	Ewing	Joan
77	16	M3539	1:27:35	113	Wong	Sean
78	8	F4044	1:27:37	174	Kennedy	Kiran
79	9	F3034	1:27:53	145	Work	Jennifer
80	10	F3034	1:28:03	134	Golbeck	Kathryn
81	5	M1619	1:28:04	255	Koepke	Curtis
82	8	F3539	1:28:07	150	Brown	Daphne
83	6	M3034	1:28:07	206	Cardew	Robin
84	9	F4044	1:28:11	110	Meeks	Jaki
85	6	F2529	1:28:29	127	Ference	Krista
86	11	F3034	1:28:36	104	Pelat	Dana
87	9	F3539	1:28:36	109	Pollard	Kimberly
88	2	M6064	1:28:47	247	Plummer	Alan
89	10	F3539	1:29:05	153	Dyck	Chantal
90	11	F3539	1:29:13	149	Bower	Allyson
91	2	F2024	1:29:25	124	McCrea	Kim
92	2	F4549	1:29:45	186	Wilson	Kathy
93	12	F3034	1:29:59	137	Lasby	Dawn
94	17	M3539	1:30:21	229	Yskes	Anthony

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95	12	F3539	1:30:24	161	Neill	Karina
96	5	M4549	1:30:39	240	Lawson	Rod
97	6	M4549	1:30:40	237	Faubert	Mark
98	1	F6064	1:31:07	189	Abbott	Sue
99	10	F4044	1:31:13	178	McQuaid	Carol
100	13	F3539	1:32:00	166	Southam	Andrea
101	14	F3539	1:32:42	168	Triantis	April
102	15	F3539	1:33:30	108	McWhinney	Corinne
104	13	F3034	1:33:32	143	West	Erin
103	16	F3539	1:33:32	107	Evans	Suzanne
105	7	M4549	1:33:54	114	Stensrude	Reese
106	4	M2024	1:34:23	200	Devenish	Simon
107	3	F2024	1:34:41	123	Horochuk	Lindsay
108	14	F3034	1:34:45	131	Allen	Stephanie
109	3	M0015	1:34:52	194	Yskes	Connor
110	17	F3539	1:34:59	158	Lincoln	Sheri
111	18	F3539	1:35:24	162	Oddy	Liz
112	18	M3539	1:36:22	212	Benn	Tony
113	19	M3539	1:36:22	222	Lemay	James
114	19	F3539	1:37:00	160	Lucas	Sherry
115	1	M6569	1:37:08	249	Courtenay	Jeremy
116	1	M2529	1:37:12	203	Ska-Hiish	Manuel
117	4	F2024	1:37:16	122	Gebert	Jen
118	20	F3539	1:37:23	151	Campbell	Jennifer
119	11	F4044	1:37:36	175	MacKeigan	Lucia
120	2	Relay	1:37:59	294	Rowyn's Team	
121	5	M4044	1:38:02	231	Cheyne	Gordon
122	3	Relay	1:38:02	293	CHEYNE GANG	
123	21	F3539	1:38:03	106	Bzdel	Jodie
124	5	F2024	1:38:51	125	Watson	Julie
125	1	F1619	1:39:28	119	Born	Jessana
126	16	F3034	1:39:43	133	Cardew	Ann-Marie
127	8	M4549	1:39:49	242	Sparks	John
128	3	F4549	1:41:35	185	Stensrude	Colleen
129	1	M7074	1:41:51	251	Jotterand	Andre
130	22	F3539	1:42:20	169	Vanderlinde	Diana
131	20	M3539	1:42:29	220	Kehl	Jan
132	2	F5054	1:43:10	188	Tommy	Heather
133	23	F3539	1:43:19	163	Pengilly	Kelly
134	24	F3539	1:43:37	147	Bliss	Karen
135	25	F3539	1:46:16	156	Hill	Kelly
136	4	F4549	1:46:41	111	Nurmsoo	Heather
137	26	F3539	1:48:09	154	Gerein	Lynn
138	5	F4549	1:48:13	182	Deane	Connie
139	17	F3034	1:48:25	138	Lund	Nicole
140	27	F3539	1:49:13	167	Thompson	Gwen
141	28	F3539	1:50:40	148	Born	Doris
142	2	F1619	1:51:59	120	Johnson	Amanda

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143	7	M3034	1:53:09	204	Archdekin	Steve
144	2	M7074	1:56:29	250	Butcher	Bruce
145	6	F4549	2:00:03	183	Dymond	Debbie
146	21	M3539	2:03:10	223	May	Scott
147	4	Relay	2:04:02	292	DIVA2010	
149	7	F4549	2:04:32	112	Schultz	Ruth
148	3	F5054	2:04:32	102	Mori	Cathy
150	8	F4549	2:06:27	184	Schober	Elisa
151	7	F2529	2:07:07	103	May	Catherine
152	9	M4549	2:07:08	101	Young	Kim

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City	Swim Time	mins /100m	Bike Time	km/h	Run Time	mins /km
Penticton	0:11:03	1.47	0:30:48	38.96	0:16:36	5.09
Vernon	0:11:31	1.54	0:30:41	39.11	0:19:13	5.66
Kelowna	0:11:25	1.52	0:33:21	35.98	0:18:50	5.73
Kelowna	0:13:43	1.83	0:29:56	40.09	0:21:53	5.46
Kelowna	0:11:30	1.53	0:32:14	37.23	0:21:55	4.29
Kelowna	0:11:31	1.54	0:34:21	34.93	0:20:12	6.70
Kelowna	0:12:02	1.60	0:34:01	35.28	0:20:22	6.78
Kelowna	0:10:57	1.46	0:33:19	36.02	0:22:27	5.98
Vernon	0:12:25	1.66	0:31:45	37.80	0:22:51	7.03
Kelowna	0:11:15	1.50	0:34:13	35.07	0:21:36	4.17
Salmon Arm	0:13:04	1.74	0:35:10	34.12	0:20:50	5.81
Kelowna	0:12:21	1.65	0:34:42	34.58	0:22:32	4.51
Vernon	0:11:31	1.54	0:35:55	33.41	0:22:25	5.94
Vernon	0:11:17	1.50	0:36:45	32.65	0:22:01	4.48
Vernon	0:12:04	1.61	0:35:45	33.57	0:24:48	5.86
Kelowna	0:11:25	1.52	0:36:19	33.04	0:24:55	5.09
Kelowna	0:11:36	1.55	0:37:44	31.80	0:23:50	4.45
Summerland	0:13:41	1.82	0:37:39	31.87	0:22:14	6.57
Kelowna	0:16:14	2.16	0:35:29	33.82	0:22:04	6.48
Vernon	0:12:56	1.72	0:36:19	33.04	0:24:33	6.30
Vernon	0:13:35	1.81	0:36:03	33.29	0:24:10	6.20
Winfield	0:14:31	1.94	0:38:03	31.54	0:21:39	4.40
Vernon	0:13:02	1.74	0:36:56	32.49	0:24:38	4.41
Kelowna	0:15:24	2.05	0:36:43	32.68	0:22:39	6.36
Vernon	0:12:40	1.69	0:37:36	31.91	0:24:38	6.53
Vancouver	0:13:49	1.84	0:37:33	31.96	0:23:37	5.80
Vernon	0:15:52	2.12	0:36:58	32.46	0:22:18	7.84
Kelowna	0:13:42	1.83	0:38:02	31.55	0:23:29	7.07
Kelowna	0:14:10	1.89	0:35:50	33.49	0:25:35	6.63
Westbank	0:11:48	1.57	0:39:50	30.13	0:24:02	3.32
Vernon	0:16:00	2.13	0:36:40	32.73	0:23:06	6.27
Kelowna	0:13:04	1.74	0:39:39	30.26	0:23:14	3.84
Kelowna	0:16:38	2.22	0:37:01	32.42	0:22:52	4.04
Kamloops	0:17:34	2.34	0:37:52	31.69	0:21:26	6.21
Kelowna	0:12:27	1.66	0:39:21	30.50	0:25:26	4.91
Kelowna	0:18:38	2.48	0:37:18	32.17	0:21:57	5.78
Kelowna	0:19:05	2.54	0:36:53	32.54	0:22:17	5.64
Kelowna	0:15:54	2.12	0:38:06	31.50	0:24:45	6.08
Kelowna	0:16:48	2.24	0:38:18	31.33	0:24:03	4.39
Vernon	0:15:34	2.08	0:37:56	31.63	0:25:54	4.46
Vernon	0:15:10	2.02	0:39:27	30.42	0:24:50	6.81
Westbank	0:15:28	2.06	0:40:18	29.78	0:23:56	5.42
Westbank	0:14:36	1.95	0:42:46	28.06	0:22:41	4.96
Kelowna	0:14:18	1.91	0:40:11	29.86	0:25:41	5.34
	0:16:46	2.24	0:38:59	30.78	0:24:40	6.56

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Vernon	0:18:55	2.52	0:37:58	31.61	0:23:33	6.09
Kelowna	0:15:01	2.00	0:39:24	30.46	0:26:09	5.33
Coldstream	0:16:44	2.23	0:38:56	30.82	0:24:58	5.58
Penticton	0:17:13	2.30	0:39:27	30.42	0:24:09	6.17
Kamloops	0:15:55	2.12	0:39:16	30.56	0:25:47	7.58
Vernon	0:15:46	2.10	0:37:56	31.63	0:27:30	6.82
Prince george	0:15:34	2.08	0:39:04	30.72	0:26:37	5.50
Vernon / Salm	0:13:05	1.74	0:37:18	32.17	0:31:38	7.00
Penticton	0:18:36	2.48	0:39:54	30.08	0:23:37	6.38
Kelowna	0:17:08	2.28	0:41:11	29.14	0:23:54	4.83
Coldstream	0:16:59	2.26	0:39:09	30.65	0:26:43	4.95
Kelowna	0:15:32	2.07	0:42:21	28.34	0:25:02	5.82
Richmond	0:15:32	2.07	0:39:29	30.39	0:28:03	4.33
Kamloops	0:17:35	2.34	0:40:28	29.65	0:25:06	5.03
Coldstream	0:14:56	1.99	0:40:58	29.29	0:27:36	5.33
Coldstream	0:14:59	2.00	0:40:26	29.68	0:28:07	5.86
Salmon Arm	0:15:20	2.04	0:40:40	29.51	0:27:53	5.64
Roberts creek	0:19:29	2.60	0:39:37	30.29	0:25:08	5.72
Salmon Arm	0:17:40	2.36	0:40:03	29.96	0:26:38	5.34
Salmon Arm	0:16:07	2.15	0:40:14	29.83	0:28:12	5.19
Vernon	0:18:04	2.41	0:40:17	29.79	0:26:43	4.93
Vernon	0:15:57	2.13	0:43:51	27.37	0:25:56	6.19
Kelowna	0:18:13	2.43	0:40:25	29.69	0:27:10	4.53
Bonney lake	0:19:20	2.58	0:38:48	30.93	0:27:44	5.21
Kamloops	0:19:34	2.61	0:41:42	28.78	0:24:52	4.93
Vernon	0:17:55	2.39	0:43:07	27.83	0:25:10	4.81
Kelowna	0:14:48	1.97	0:44:46	26.81	0:26:54	3.77
Kelowna	0:18:33	2.47	0:40:26	29.68	0:27:29	7.02
Westbank	0:18:30	2.47	0:42:40	28.13	0:25:25	6.47
Kelowna	0:17:02	2.27	0:41:28	28.94	0:29:20	5.18
Kelowna	0:17:27	2.33	0:51:21	23.37	0:18:20	5.43
Vernon	0:18:14	2.43	0:41:35	28.86	0:27:46	6.32
Salmon Arm	0:15:44	2.10	0:43:26	27.63	0:28:27	5.55
Kelowna	0:17:49	2.38	0:44:22	27.05	0:25:42	4.72
Kelowna	0:19:15	2.57	0:40:44	29.46	0:28:04	4.46
Kelowna	0:21:29	2.86	0:40:32	29.61	0:26:03	6.12
Salmon Arm	0:16:50	2.24	0:44:58	26.69	0:26:19	4.97
Vernon	0:17:52	2.38	0:44:44	26.83	0:25:31	5.79
Vernon	0:17:13	2.30	0:42:30	28.24	0:28:28	4.97
Vernon	0:18:36	2.48	0:41:17	29.07	0:28:36	4.98
Vernon	0:15:38	2.08	0:42:02	28.55	0:30:56	4.70
Vernon	0:16:51	2.25	0:40:25	29.69	0:31:20	4.79
Coldstream	0:16:22	2.18	0:43:46	27.42	0:28:39	8.10
Vernon	0:16:05	2.14	Err:520	Err:520	0:27:17	4.54
Vernon	0:17:32	2.34	0:42:24	28.30	0:29:17	5.14
Kelowna	0:18:07	2.42	0:44:40	26.87	0:26:38	4.07
Kamloops	0:18:45	2.50	0:40:24	29.70	0:30:36	5.08
Vernon	0:21:18	2.84	0:43:15	27.75	0:25:26	5.12
Coldstream	0:19:42	2.63	0:42:21	28.34	0:28:18	5.01

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Coldstream	0:16:38	2.22	0:44:45	26.82	0:29:01	4.93
Kelowna	0:16:02	2.14	0:45:38	26.30	0:28:59	6.55
Kamloops	0:19:30	2.60	0:42:02	28.55	0:29:08	6.93
Vernon	0:16:21	2.18	0:41:38	28.82	0:33:08	5.69
Penticton	0:17:39	2.35	0:42:12	28.44	0:31:22	5.03
Vernon	0:19:29	2.60	0:43:36	27.52	0:28:55	4.71
Coldstream	0:16:56	2.26	0:49:03	24.46	0:26:43	5.23
Coldstream	0:19:03	2.54	0:42:06	28.50	0:32:21	4.99
Kamloops	0:18:39	2.49	0:45:55	26.13	0:28:58	4.81
Vernon	0:20:17	2.70	0:44:54	26.73	0:28:21	4.83
Vernon	0:16:10	2.16	0:44:15	27.12	0:33:29	7.05
Vernon	0:19:37	2.62	0:44:51	26.76	0:29:55	5.80
Armstrong	0:17:23	2.32	0:48:16	24.86	0:29:02	4.49
Kelowna	0:18:10	2.42	0:46:54	25.59	0:29:41	4.62
Coldstream	0:19:46	2.64	0:42:14	28.41	0:32:52	6.27
Kamloops	0:17:53	2.38	0:44:41	26.86	0:32:25	5.16
Kelowna	0:15:46	2.10	0:48:08	24.93	0:31:30	5.50
Vernon	0:18:51	2.51	0:46:31	25.80	0:31:00	5.01
Armstrong	0:18:43	2.50	0:46:35	25.76	0:31:04	5.67
Salmon arm	0:21:14	2.83	0:47:33	25.24	0:28:13	5.32
Lake Country	0:22:32	3.00	0:44:11	27.16	0:30:25	7.32
Vernon	0:20:38	2.75	0:49:29	24.25	0:27:05	5.83
Kelowna	0:21:55	2.92	0:42:32	28.21	0:32:49	4.57
Chilliwack	0:20:00	2.67	0:48:17	24.85	0:29:06	6.33
Vernon	0:21:25	2.86	0:46:54	25.59	0:29:17	5.38
Vernon	0:15:27	2.06	0:50:57	23.55	0:31:35	7.79
Vernon	0:26:26	3.52	0:46:34	25.77	0:25:02	6.71
Vernon	0:26:36	3.55	0:46:24	25.86	0:25:02	9.07
Vernon	0:21:03	2.81	0:48:39	24.67	0:28:21	4.72
Kelowna	0:22:01	2.94	0:46:43	25.69	0:30:07	4.32
Salmon Arm	0:18:45	2.50	0:51:27	23.32	0:29:16	4.38
Vernon	0:20:58	2.80	0:44:50	26.77	0:33:55	4.65
Kamloops	0:20:12	2.69	0:47:48	25.10	0:31:49	8.11
Vernon	0:18:52	2.52	0:47:23	25.33	0:35:20	5.87
Enderby	0:24:58	3.33	0:46:27	25.83	0:30:26	7.34
London	0:20:01	2.67	0:48:47	24.60	0:33:32	4.78
Salmon Arm	0:19:50	2.64	0:47:29	25.27	0:35:10	6.02
Kelowna	0:26:05	3.48	0:46:13	25.96	0:30:52	5.26
Westbank	0:17:23	2.32	0:48:03	24.97	0:37:53	5.34
Coldstream	0:20:14	2.70	0:48:16	24.86	0:35:07	5.01
Kamloops	0:19:33	2.61	0:53:57	22.24	0:32:46	5.61
Vernon	0:19:46	2.64	0:52:16	22.96	0:34:39	3.67
Kelowna	0:21:43	2.90	0:51:11	23.45	0:35:15	5.02
Vernon	0:19:45	2.63	0:47:55	25.04	0:40:33	5.55
Spokane	0:21:58	2.93	0:51:11	23.45	0:35:16	4.57
Vernon	0:21:14	2.83	0:55:21	21.68	0:32:38	5.52
Salmon Arm	0:20:27	2.73	0:56:10	21.36	0:34:03	5.62
Vernon	0:22:00	2.93	0:55:54	21.47	0:34:05	4.38

Kal Rats Tri 2007 Final Results

South Slokan	0:25:33	3.41	0:48:23	24.80	0:39:13	5.67
Kamloops	0:26:15	3.50	0:58:20	20.57	0:31:54	7.00
Salmon Arm	0:25:53	3.45	0:53:39	22.37	0:40:31	5.69
Vernon	0:28:42	3.83	0:57:53	20.73	0:36:35	5.85
Kelowna	0:35:44	4.76	0:51:35	23.26	0:36:43	9.44
Vernon	0:34:53	4.65	0:54:40	21.95	0:34:59	5.14
Coldstream	0:34:53	4.65	0:54:40	21.95	0:34:59	5.10
Kelowna	0:28:35	3.81	0:58:56	20.36	0:38:56	5.61
Vernon	0:23:36	3.15	0:58:11	20.62	0:45:20	4.77
Coldstream	0:35:45	4.77	0:44:11	27.16	0:47:12	7.05