

Overall	By Sex	By Age	Time	Bib No	Age Group	Name
1	1/56	1/4	0:36:07	898	M20-29	Skeets Morel
2	2/56	2/4	0:36:27	903	M20-29	Cameron Egan
3	3/56	1/4	0:38:05	950	M35-39	Trevor Haaheim
4	4/56	3/4	0:38:14	883	M20-29	Matt Wylie
5	5/56	2/4	0:38:59	925	M35-39	Chad Ulansky
6	6/56	1/10	0:39:33	895	M40-44	Gary Wade
7	7/56	2/10	0:39:46	857	M40-44	Andrew Sellars
8	8/56	3/10	0:39:54	892	M40-44	Ben Bruch
9	9/56	4/10	0:40:18	853	M40-44	Dirk Handke
10	10/56	4/4	0:40:26	902	M20-29	Patrick Egan
11	11/56	1/1	0:40:34	940	M16-19	Matthew Hidgsi
12	12/56	1/9	0:40:41	921	M30-34	Tim Dickinson
13	1/57	1/10	0:41:00	874	F40-44	Sarah Clark
14	13/56	1/9	0:41:43	923	M45-49	Tom Carlson
15	14/56	2/9	0:41:50	888	M30-34	David Sumption
16	15/56	3/4	0:41:52	866	M35-39	Ian Crosthwaite
17	2/57	1/3	0:42:39	881	FUN16	Emmy Sim
18	16/56	3/9	0:42:40	889	M30-34	Drew Lejbak
19	17/56	1/7	0:42:43	869	M50-54	Ivan McKnight
20	18/56	2/9	0:43:01	909	M45-49	Ian Robertson
21	19/56	3/9	0:43:05	900	M45-49	Ken Pommier
22	3/57	1/7	0:43:05	901	F50-54	Jan Erewin
23	20/56	1/7	0:43:07	863	M60-64	Jack Miller
24	21/56	2/7	0:43:33	875	M50-54	John Wickenheiser
25	22/56	4/9	0:43:40	871	M45-49	Clint Rashke
26	4/57	1/7	0:43:45	897	F20-29	Mary Edgar
27	23/56	5/10	0:44:42	955	M40-44	Jim Simms
28	24/56	4/9	0:44:43	941	M30-34	Robin Cardew
29	5/57	2/3	0:44:48	882	FUN16	Glynis Sim
30	6/57	1/5	0:44:52	891	F35-39	Abbigail May
31	25/56	5/9	0:44:53	938	M45-49	Martin Courtenay
32	26/56	6/9	0:45:36	876	M45-49	Philip Carruthers
33	27/56	6/10	0:45:42	946	M40-44	John Glennon
34	28/56	5/9	0:45:57	854	M30-34	Chris Willet
35	29/56	3/7	0:46:03	868	M50-54	Gerry Naito
36	30/56	7/10	0:46:04	860	M40-44	Danny Kermode
37	7/57	2/7	0:46:14	905	F20-29	Krys Pick
38	31/56	6/9	0:46:17	904	M30-34	John Wilson
39	32/56	8/10	0:46:57	867	M40-44	Darin Johaneson
40	8/57	1/11	0:47:29	958	F30-34	Marie Peterson
41	9/57	2/11	0:47:34	864	F30-34	Jen Schulz
42	33/56	2/7	0:47:38	937	M60-64	Gerry Breneman
43	10/57	3/11	0:48:10	944	F30-34	Sara Mitchell
44	11/57	4/11	0:48:28	935	F30-34	Jen Bond
45	34/56	1/3	0:48:34	899	M55-59	John O'Brien
46	35/56	7/9	0:48:42	890	M30-34	Rusty May
47	36/56	8/9	0:49:17	884	M30-34	Wade Anderson
48	12/57	5/11	0:49:31	924	F30-34	Abbey Miedema

49	13/57	6/11	0:49:36	963	F30-34	Jocelyne Baker
50	37/56	7/9	0:49:54	872	M45-49	Dan Kunzelman
51	38/56	8/9	0:50:07	865	M45-49	Duane Seibel
52	14/57	2/7	0:50:31	894	F50-54	Linda Irvine
53	15/57	2/10	0:50:43	914	F40-44	Tammy Buick
54	39/56	4/7	0:51:26	939	M50-54	Sean Hamilton
55	16/57	7/11	0:51:30	912	F30-34	Audrey Kilmartin
56	17/57	2/5	0:51:43	906	F35-39	Natalee Peeters
57	40/56	5/7	0:52:36	934	M50-54	Paul Anderson
58	18/57	8/11	0:52:44	913	F30-34	Lisa Rands
59	41/56	3/7	0:52:48	887	M60-64	Melvin Doherty
60	42/56	9/9	0:53:27	926	M45-49	Dave Grieve
61	19/57	3/3	0:53:43	879	FUN16	Meryn Sim
62	20/57	1/6	0:53:52	918	F45-49	Atsuko Knight
63	21/57	1/2	0:54:29	862	F65-69	Shirley Gray
64	43/56	2/3	0:54:40	880	M55-59	Richard Sim
65	22/57	9/11	0:55:48	930	F30-34	Jenifer Lindstein
66	23/57	3/7	0:55:56	953	F20-29	Ellen Dyck
67	44/56	4/7	0:56:01	873	M60-64	Mel Hunt
68	45/56	3/3	0:56:03	885	M55-59	Pat Amundsen
69	24/57	4/7	0:56:11	954	F20-29	Nasreen Bifano
70	25/57	5/7	0:57:17	932	F20-29	Rebecca Stoddart
71	46/56	9/10	0:57:23	943	M40-44	Rory Bass
72	26/57	3/10	0:57:34	858	F40-44	Erica Moser-Reschreiter
73	27/57	3/7	0:58:18	893	F50-54	Irena MacDonald
74	28/57	1/2	0:58:58	852	F16-19	Toshiko Hoshi
75	29/57	2/6	0:59:05	947	F45-49	Veerle Raasch
76	47/56	4/4	0:59:08	952	M35-39	Jason Satterthwaite
77	30/57	3/5	0:59:40	951	F35-39	Allyson Bower
78	31/57	6/7	0:59:54	957	F20-29	Kimberley Dyck
79	32/57	3/6	0:59:57	910	F45-49	Barb Andrews
80	48/56	6/7	0:59:57	911	M50-54	John Livingston
81	33/57	4/10	1:00:00	886	F40-44	Juliette Sicotte
82	49/56	7/7	1:00:14	936	M50-54	Mike Reiley
83	34/57	2/2	1:01:00	916	F16-19	Carine Hvuziker
84	35/57	5/10	1:01:09	931	F40-44	Karen Meyer
85	36/57	10/11	1:01:17	929	F30-34	Randi Delisimunovic
86	37/57	6/10	1:01:17	959	F40-44	Dawna Jodoin
87	38/57	7/7	1:02:48	907	F20-29	Carly Desooyers
88	50/56	9/9	1:02:48	908	M30-34	Eric Jewell
89	39/57	4/5	1:03:18	877	F35-39	Trudi Bester
90	40/57	5/5	1:03:18	878	F35-39	Tanja Redelinghuys
91	51/56	1/1	1:04:37	856	MUN16	Peter O'Brien
92	41/57	7/10	1:04:48	922	F40-44	Darlene Wood
93	52/56	1/1	1:05:20	920	M70-79	Bruce Butcher
94	53/56	10/10	1:05:42	928	M40-44	Darren Bradley
95	42/57	8/10	1:06:07	919	F40-44	Donna Rhynolds
96	43/57	1/2	1:06:39	961	F60-64	Doreen Volk
97	54/56	5/7	1:06:40	948	M60-64	Richard Motz

98	44/57	4/6	1:06:43	851	F45-49	Karen Brown
99	45/57	2/2	1:07:04	896	F65-69	Min Rayson
100	46/57	4/7	1:07:10	949	F50-54	Kathryne Flannery
101	55/56	6/7	1:09:55	861	M60-64	Stan Gray
102	47/57	2/2	1:10:44	945	F60-64	Linda Woodbury
103	48/57	1/2	1:12:48	855	F55-59	Dianne Talbot
104	49/57	9/10	1:13:05	942	F40-44	Susan Falkenholt
105	50/57	11/11	1:14:18	964	F30-34	Josie Pfrimmer
106	51/57	5/7	1:16:10	927	F50-54	Melanie Lovsin
107	52/57	6/7	1:16:11	933	F50-54	Wendy Schroeder
108	53/57	7/7	1:16:40	870	F50-54	Rene Venhuizen
109	54/57	10/10	1:16:41	956	F40-44	Onna Stoll
110	55/57	5/6	1:17:15	915	F45-49	Sherry Maligaspe
111	56/57	2/2	1:20:32	917	F55-59	Elizabeth Kozak
112	57/57	6/6	1:22:55	859	F45-49	Tina Vesper

City	Pace per km
Vernon	0:03:48
Vernon	0:03:50
Kelowna	0:04:01
Vernon	0:04:01
Kelowna	0:04:06
Kelowna	0:04:10
Vernon	0:04:11
Kelowna	0:04:12
Kelowna	0:04:15
Coldstream	0:04:15
Vernon	0:04:16
Westbank	0:04:17
Vernon	0:04:19
Kelowna	0:04:23
Kamloops	0:04:24
Kelowna	0:04:24
Salmon Arm	0:04:29
Winfield	0:04:29
Kelowna	0:04:30
Kamloops	0:04:32
Kelowna	0:04:32
Vernon	0:04:32
Kamloops	0:04:32
Kelowna	0:04:35
Kelowna	0:04:36
Coldstream	0:04:36
Vernon	0:04:42
Vernon	0:04:42
Salmon Arm	0:04:43
Salmon Arm	0:04:43
Kelowna	0:04:43
Vernon	0:04:48
Vernon	0:04:49
Winfield	0:04:50
Vernon	0:04:51
Vernon	0:04:51
Coldstream	0:04:52
Coldstream	0:04:52
Vernon	0:04:57
SalmonArm	0:05:00
Kelowna	0:05:00
Vernon	0:05:01
Blind Bay	0:05:04
Vernon	0:05:06
Kelowna	0:05:07
Kelwona	0:05:08
Coldstream	0:05:11
Kelowna	0:05:13

Enderby	0:05:13
Coldstream	0:05:15
Kamloops	0:05:17
Salmon Arm	0:05:19
Vernon	0:05:20
Vernon	0:05:25
Vernon	0:05:25
Kamloops	0:05:27
Vernon	0:05:32
Enderby	0:05:33
Kamloops	0:05:33
Kelowna	0:05:38
Salmon Arm	0:05:39
Revelstoke	0:05:40
Summerland	0:05:44
Salmon Arm	0:05:45
Vernon	0:05:52
Armstrong	0:05:53
Kelowna	0:05:54
Summerland	0:05:54
Armstrong	0:05:55
Vernon	0:06:02
Kelowna	0:06:02
Vernon	0:06:04
Coldstream	0:06:08
Armstrong	0:06:12
Vernon	0:06:13
Kelowna	0:06:13
Vernon	0:06:17
Vernon	0:06:18
Trail	0:06:19
Trail	0:06:19
Kelowna	0:06:19
Coldstream	0:06:20
Kamloops	0:06:25
Vernon	0:06:26
Vernon	0:06:27
Vernon	0:06:27
Vernon	0:06:37
Coldstream	0:06:37
Coldstream	0:06:40
Vernon	0:06:40
Vernon	0:06:48
Vernon	0:06:49
Kamloops	0:06:53
Vernon	0:06:55
Kamloops	0:06:58
Kelowna	0:07:01
Salmon Arm	0:07:01

Coldstream	0:07:01
Kelowna	0:07:04
Kamloops	0:07:04
Sumerland	0:07:22
Kamloops	0:07:27
Coldstream	0:07:40
Vernon	0:07:42
Armstrong	0:07:49
Vernon	0:08:01
Coldstream	0:08:01
Vernon	0:08:04
Vernon	0:08:04
Kamloops	0:08:08
Revelstoke	0:08:29
Seattle	0:08:44